



Special Needs Judo Union

Technical Advisory Board

Championship ID Judo

Rules & Regulations

Release 2020, version 1.1/en

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1. Introduction

This document aims to address the need for a detailed easy to follow set of competition rules for elite level championship/Virtus competitors

- These rules are for level 1 competitors only
- Athletes must be recognized by Virtus (Max IQ 75)
- Standard/official weight categories to be used

1.1 Scope of these rules

These rules are in effect for Virtus/EJU/IJF supported championships. Initial events to include Continental Cups, European and World ID championships

- Where this document lacks a clear rule, the IJF rules prevail.

1.2 Eligibility

Participation criteria for Virtus/EJU/IJF Supported Events

- Athletes must be registered to Virtus and meet the criteria (IQ 75<)
- Athletes competing at supported events must abide by the rules and regulations herein.

2 ID Competitor Definition

An ID competitor is a judoka who can perform in a *shiai* with a mainstream competitive judoka. This judoka is fast and powerful and has an excellent reactivity. He/she has a strong feeling for Judo and an excellent strategic view. This type of judoka has a minimal disability and therefore usually attends regular education and meets the criteria as defined by Virtus.

3. Contest Rules

Contest rules will adopt current IJF rules with the following adaptations.

4. Prohibited Actions

In addition to the prohibited actions as described in the IJF official Judo rules, the following techniques are also prohibited:

1. Any and all forms of:
 - a. Sacrifice techniques (sutemi-waza)
 - b. Arm-lock techniques (kansetsu-waza)
 - c. Choking techniques (shime-waza)
 - d. Choking, locking and holding techniques that involve holding the legs in a triangle position (sankaku-waza)
 - e. All throws executed on one or two knees (to the front and rear).
2. To put pressure on head, neck or throat of the opponent.
3. In Tachi-waza:
 - a. To perform Kumi-kata around the head or neck of the opponent. While taking hold over the shoulder or collarbone, the hand may not pass the center line of the back.
4. In Ne-waza:
 - a. In Ne-waza, it is not allowed to put pressure on either head or neck. In Osae-komi situations where Tori is in Kesa position, Tori is not allowed to put either hand or arm under head or neck of Uke.

Prohibited techniques will not be scored, and where possible matte will be called before the technique is executed to ensure the safety of the players.

5 Penalties

1. The techniques mentioned in section 4 will be penalised with Shido.
2. All actions that go against the spirit of Judo or the safety of either judoka will be penalised with Hansoku-make, to protect the judoka affected by this.

6. Injuries

1. There is no limitation for the number of times the same injury may be treated.
2. If the referee deems it necessary for coach or attendant to treat an injury, these persons may enter the contest area.

7. Judo Gi and Aids

1. Aids are considered all attributes outside the standard Judo uniform as described in the Tournament Regulations.
2. The Judo Gi must be adjusted to the physical limitations of the judoka however must not be a hindrance for the opponent to perform Kumi-kata.
3. Wearing a mouth guard is allowed.
4. Aids must be safe for the wearer and the opponent, and cannot contain hard substances or surfaces, to be decided at the discretion of the main referee.

8. Coaching

1. Coaches and attendants must refrain from comments on the arbitration.
2. During ID competition coaching is permitted according to IJF rules only during matte.